

FAQs of Visa Medical Examination Services 簽證體檢服務常見問題

1. What is a Visa Medical Examination?

A Visa Medical Examination is a specified health check requested by the country that you wish to visit, study, work, or emigrate to, before they complete processing your visa application.

While each country has its own specific requirements, many of them require such examinations to be done in specified clinics (such as Quality HealthCare). It is therefore important that you understand what needs to be done before attending the examination.

1. 甚麼是簽證體檢？

簽證體檢是指您在前往某國家旅遊、升學、工作或移民前需要接受的指定體格檢查。

每個國家對簽證體檢都有自己的特定要求，而大部分國家也會要求您在指定的診所（如卓健醫療）進行體檢。因此，您需要明白檢查所包括的內容。

2. Which countries do Quality HealthCare do Visa Medical Examinations for?

Quality HealthCare in Mong Kok is one of the few designated clinics in Hong Kong that are approved for carrying out Visa Medical Examinations for Australia, New Zealand, the UK, and the US.

Meanwhile, the Quality HealthCare clinic in Admiralty is a designated centre for the UK.

In addition to these 4 countries, we also have experience in doing Visa Medical Examinations for many countries, including:

- South Africa
- China
- Singapore
- Belgium
- Spain
- Malta
- Dominican Republic
- Antigua and Barbuda
- Saudi Arabia

We also have experience in doing pre-entry screening for schools and colleges in many countries including the US, the UK, Canada, Australia, Malaysia, Korea, Japan.

2. 卓健醫療能進行哪些國家的簽證體檢？

位於旺角的卓健醫療體檢中心是香港少數獲批准為澳洲、紐西蘭、英國以及美國進行簽證體檢的診所。

當中位於金鐘的卓健醫療體檢中心亦是英國指定的簽證體檢中心。

除了上述四個國家外，我們更擁有許多國家的簽證體檢經驗，包括：

- 南非
- 中國
- 新加坡
- 比利時
- 西班牙
- 馬耳他
- 多明尼加
- 安提瓜和巴布達
- 沙地阿拉伯

此外，我們也有為許多國家/地區進行入學前驗身的體檢經驗，當中包括美國、英國、加拿大、澳洲、馬來西亞、韓國及日本。

3. What do I need to bring on the day of the examination?

Each country that we screen for has different requirements for the Visa Medical Examination. Please refer to the appendix on page 11 in this document for more details.

If the country that requires you to undergo Visa Medical Examination is not on the list, please contact our Visa Medical Examination hotline on 8200 8825.

4. Can I use other forms of ID if I don't have a passport or if I can't bring along my passport on the day of my appointment?

Generally speaking, it is a good idea to bring your passport because it is the most accepted form of ID for Visa Medical Examinations. However, certain countries do accept other forms of ID, such as the Hong Kong ID card or driving license. Please check with us before your appointment in case you are not sure.

5. How long does the examination take?

This can vary greatly depending on which country you are intending to go to. The Visa Medical Examinations for some countries with fewer requirements can be done within an hour, whilst others can take up to 3 hours.

3. 體檢當日我需要準備什麼？

每個國家或地區對簽證體檢的要求都有所不同，有關詳情可參閱本文件第 11 頁的附錄。

如果您需要接受簽證體檢的國家不在列表中，請致電簽證驗身熱線 8200 8825 向我們查詢。

4. 如我沒有護照或在預約當天沒有攜帶護照，可使用其他形式的身份證明嗎？

一般來說，護照是最常被接受作簽證體檢的身份證明。但某些國家或地區亦接受其他形式的身份證明，例如香港身份證或駕駛執照。如您不確定，請在預約前向我們查詢。

5. 驗身需時多久？

一般視乎進行哪個國家的簽證體檢。一些驗身項目較少的國家可以在一個小時內完成，而有些國家則需要三個小時。

6. How can I pay for my examination?

We accept credit cards, EPS, or cash in payment.

6. 如何付款？

本中心接受信用卡，易辦事(EPS)或現金付款。

7. Do I have to remove all my clothes when attending the examination?

No. Although you may be asked to change into a gown for the examination, we will always make sure your body is not exposed unnecessarily.

7. 我是否必須脫去所有衣服進行檢查？

不是，雖然您可能會被要求換上驗身袍以進行檢查，但我們會確保您不會在非必要的情況下暴露身體。

8. Do all female patients need to have a breast examination for their Visa Medical Examination?

No, breast examination is not done routinely on all women, regardless of their age. Rather, breast examination is only done on those women who have had breast diseases in the past or have shown signs and symptoms of breast diseases. Even if a female patient needs a breast exam, we will always ensure that she is accompanied by a female nurse during the examination.

*** Please bring along your breast scans or reports (if any) on the day of examination.

8. 是否所有女性在簽證體檢時都必須接受乳房檢查？

不是，無論任何年齡的女性都不會被規定接受乳房檢查。乳房檢查僅適用於曾經患有乳腺疾病或有乳腺疾病症狀的女性。即使需要進行乳房檢查，我們也會在檢查期間安排一位女護士在旁。

*** 請在檢查當天帶同任何有關乳房檢查的醫療報告(如有)。

9. What tests are involved in the Visa Medical Examination process?

Each country can set out its specific examination requirements. While most examinations will consist of chest X-ray, urine and blood tests, individuals undergoing the Visa Medical Examination may need to receive vaccinations under certain circumstances.

For more information, please check with us before your appointment.

10. Is your clinic responsible for granting my visa?

No, rather than granting visas, the job of the Visa Medical Examination clinics is to assess your health and provide an impartial report for the immigration services to assess your visa application. The consulates, visa processing centres, and immigration departments of the specific country that you are travelling or emigrating to are responsible for approving and granting visas.

Also, we cannot guarantee how quickly your visa application will be processed. All we can do is to ensure that your information is sent to the consulates/immigration departments as quickly as possible.

9. 簽證體檢過程包括甚麼？

每個國家都有特定的體檢要求。雖然大多數會包括肺部 X 光檢查、尿液及血液檢查，但在某些情況下受檢者亦可能需要接受疫苗注射。

如欲進一步了解，請在預約前向我們查詢。

10. 診所會負責批核簽證結果嗎？

不會，診所是不會簽發簽證的。我們的工作是了解您的健康狀況、提供公正的報告予有關簽證部門，以評估您的簽證申請。而批核和簽發簽證是您申請簽證國家的領事館、簽證處理中心及移民部門的工作。

雖然我們無法保證您申請簽證的處理速度，但我們會確保您的資料能盡快發送到您申請簽證國家的領事館/移民部門。

11. Can my friend or relative accompany me when I undergo the examination?

While adult clients are welcome to be in the company of a friend or family member when coming to the clinic, many immigration departments strongly insist that no family members or friends is allowed during the examinations in order to avoid influence or interference during the examination process.

Moreover, we are always happy for parents or guardians to accompany any child throughout the entire medical examination. In fact, certain countries require that the parent or legal guardian must accompany any applicants under the age of 16 for the examination. In the United Kingdom, applicants under the age of 18 must be accompanied by their parents or legal guardians.

12. If I suffered from tuberculosis in the past, what other information will I need to bring along?

If you were treated for any form of tuberculosis, we would be grateful if you could bring along any medical reports related to your TB treatment and previous chest X-rays, as these can help to understand your health status.

11. 我的朋友或親戚可陪同我一起進行簽證體檢嗎？

我們歡迎成年驗身者在朋友或家人的陪同下到診所。然而，在進行檢驗期間，大部分移民部門均不會允許任何家庭成員或朋友陪同，以免影響或干擾整個驗身過程。

此外，我們亦歡迎未成年驗身者的父母或法定監護人參與整個驗身過程。某部分國家亦會要求 16 歲以下的申請者必須在父母或法定監護人的陪同下進行驗身，而英國在這方面的要求則是 18 歲以下。

12. 如在過去曾患上肺結核，我需要帶備什麼資料？

如果您曾接受過任何形式的結核病治療，請帶同有關報告及肺片，這些資料將有助醫生了解您的病情。

13. If I need to do a sputum test for tuberculosis, what should I do to prepare for it?

The test is to collect sputum that you cough up on three consecutive mornings. The sputum you produce is then sent to the laboratory and tested for the presence of the bacteria that cause tuberculosis.

When accepting this test, you will need to:

1. Make sure you don't eat or drink for 8 hours before the test.
2. If you need to drink, make sure it is only a small amount of DISTILLED water (not mineral or tap water). You should not drink anything else.
3. You should not use toothpaste or mouthwash when brushing your teeth in the morning of the days when the sputum is collected.
4. Don't worry even if you don't know how to produce sputum. We can use other techniques, such as inhaled steam, to help you cough up sputum.

13. 如需進行肺結核驗痰測試，我該怎樣準備？

肺結核測試需要收集連續三個早上的痰液樣本。我們會將所收集的樣本送到化驗室，檢測是否存在導致結核病的細菌。

接受這測試，您需要：

1. 確保在測試前 8 小時內不要進食或飲用飲料。
2. 如需喝水，只可以喝少量蒸餾水（不能喝礦物水或自來水）。其他飲料一概不能飲用。
3. 留樣本當天早上不能使用牙膏或漱口水清潔口腔。
4. 如果您不懂得如何留取痰液，亦不必擔心。我們可以使用其他輔助技術（如吸入蒸氣）協助您咳出痰液。

14. I have been told that the sputum test takes 8-10 weeks, why does it take so long? Can I undergo other tests to replace it?

The TB sputum test is divided into two parts. While the first part is the smear test that takes around one week for results to be generated, the second part is the culture test which allows any TB bacteria to grow. This is a long process that takes 8 weeks as the bacteria grow very slowly.

There are other TB tests such as skin tests and blood tests that can be used to detect TB. However, such tests cannot fully assess whether you have TB now or had TB in the past. Hence, if the immigration department wants you to have the sputum test, we cannot do these tests to replace the sputum test.

15. If I am taking any medicines, do I need to bring them along?

If you are taking any **medicines on a regular or prolonged basis**, we would advise you to bring them along in order to show them to the doctor. A list of the medications that you take may be required in order to complete the Visa Medical Examination process.

14. 為甚麼痰液測試結果需要 8-10 星期這麼久？我可以其他測試來代替嗎？

肺結核痰液試驗分為兩部分。第一部分是抹片檢查，測試結果需要一星期時間。然而，第二部分是培養測試，其間會讓任何肺結核細菌生長。這是一個需時八星期的漫長過程，因為細菌生長速度是非常緩慢的。

雖然還有其他如皮膚和血液的檢查方法可測試結核病，但這些測試方法均無法評估您是現在還是過去曾患上結核病。因此，若移民部門要求您接受結核測試，我們便不能以這些檢查來代替痰液測試了。

15. 我需要帶同任何我正服用的藥物出席身體檢查嗎？

為使整個驗身過程順利，請帶同任何您正在服用的**長期藥物**，讓醫生進一步了解您的情況。為了完成簽證體檢的檢查過程，您可能需要提供一張您正服用藥物的清單。

16. Is there any additional cost on top of the standard examination fee?

In most cases, there will be no additional fees. However, patients who have chronic diseases or some particular diseases (such as cancer, heart disease, diabetes, and kidney disease), may be requested to undergo more tests in order to help the relevant departments assess your application.

We will always inform you of the cost of the additional tests before performing such tests on you.

17. I don't speak Cantonese, Putonghua or English. Can my relative translate for me?

Unfortunately, not all countries allow friends or family members to act as translators for you. Countries including Australia, New Zealand, and the US require that translators be used to help you communicate with our nurses and doctors. Even though the costs for the translators will incur additional fees for you, we shall try and keep the costs as low as possible.

16. 除了驗身費用外，還有其他額外費用嗎？

在大多數情況下，不會產生額外收費。然而，若患有長期病或某類疾病（如癌症、心臟病、糖尿病和腎病）的患者，則有機會被要求接受更多測試，以協助有關部門評估您的申請。

如需接受額外測試，我們會預先通知，並且先為您報價。

17. 我不會說廣東話、普通話或英語。我的親戚能替我翻譯嗎？

並非所有國家都允許朋友或家人為驗身者翻譯。包括澳洲、紐西蘭和美國在內的國家都會要求使用翻譯員來幫助驗身者與護士或醫生進行溝通。使用翻譯員服務會產生額外費用，但我們會盡量將成本降至最低。

18. I have very limited time to do my Visa Medical Examination, what can you do to help me.

Since we understand that there are times when you need your Visa Medical Report urgently, we will always try our best to help you in those situations. However, we cannot always guarantee that your visa will be approved before the deadline. (Please refer to Question 10)

If you need your Visa Medical Examination done urgently, please contact our hotline as soon as possible. Please tell our team members about your needs so that we can arrange and help you as far as possible.

19. I sometimes need to wear glasses, should I bring them along on the day of the examination?

Even if you only need to wear glasses occasionally, you should bring your glasses along on the day of the examination.

20. Can I eat before the examination?

Yes, you can eat as usual, for you do not need to fast overnight before the day of the examination.

18. 我只有非常有限的時間做簽證體檢，您們可以幫到我嗎？

我們明白您有時需要緊急的簽證醫療報告。因此，我們將盡力在這些情況下幫助您。然而，我們無法保證您能在限期前獲批簽證（請參閱問題 10）。

如果您需要緊急簽證體檢服務，請儘快致電我們的熱線，並將您的需求告訴我們團隊，以便我們儘可能為您提供幫助。

19. 如我不需要長時間佩戴眼鏡，我在檢查當天應帶同眼鏡嗎？

即使您不需要經常佩戴眼鏡，亦請於驗身當天帶同眼鏡出席。

20. 我可於驗身前進食嗎？

驗身前不用空腹，並且可如常進食。

Appendix - Documents required for Visa Medical Examination Services

附錄 - 簽證體檢所需文件

<p>Australia 澳洲</p>	<p>Passport (Original and copy) – Preferred option Hong Kong ID card (Original and copy)</p> <p>Other forms of identity proof may be considered</p> <ul style="list-style-type: none"> • Download HAP Letter • Photocopy of passport and identity document 	<p>護照（正本及副本）–首選 身份證（正本及副本）</p> <p>其他形式的身份證明</p> <ul style="list-style-type: none"> • 下載 HAP 信函 • 護照及身份證明副本一張
<p>New Zealand 新西蘭</p>	<p>Medical Certificate (INZ1007, INZ1204 or INZ1096) Passport (Original and copy) Hong Kong ID card (Original and copy) Birth Certificate (Original & Copy) (Applicable for Applicant aged below 18)</p>	<p>驗身表格 (INZ1007, INZ1201 或 INZ1096) 護照（正本及副本） 香港身份證（正本及副本） 出世紙（正本及副本）（適用於 18 歲以下申請人）</p>
<p>United Kingdom 英國</p>	<p>Passport (Original & Copy) Hong Kong ID card (Original) Birth Certificate (Original & Copy) (Applicable for Applicant aged below 18) Passport sized photograph – ideally taken within past three months Hong Kong address in English UK address in English</p>	<p>護照（正本及副本） 香港身份證（正本） 出世紙（正本及副本）（適用於 18 歲以下申請人） 符合護照尺寸要求的照片（最好於最近三個月內拍攝） 香港英文住址 英國的英文住址</p>

<p>United States of America 美國</p>	<p>US Consular letter Passport (Original & Copy) Hong Kong ID card (Original) Vaccination records (Original & Copy) 5 Passport sized photographs (40x50mm) – ideally taken within past three months on a WHITE background US address in English Hong Kong address in English Email address (printed, not handwritten) Birth Certificate (Original & Copy) (Applicable for Applicant aged below 18)</p>	<p>領使約見信 護照（正本及副本） 香港身份證（正本） 疫苗接種記錄（正本及副本） 符合護照尺寸要求的照片五張（40 毫米 X 50 毫米、白色底、最好於最近三個月內拍攝） 美國英文住址 香港英文住址 電郵地址（請用電腦編印） 出世紙（正本及副本）（適用於 18 歲以下申請人）</p>
<p>South Africa 南非</p>	<p>Passport (Original & Copy) Medical Certificate form</p>	<p>護照（正本及副本） 驗身表格（健康證明表格）</p>
<p>China 中國 (Foreigner Physical Examination Form) (外國人體格檢查記錄)</p>	<p>Application form (Medical Certificate form) Passport (Original & Copy) Hong Kong ID card (Original) Passport sized photograph – ideally taken within past three months</p>	<p>申請表（驗身表格） 護照（正本及副本） 香港身份證（正本） 符合護照尺寸要求的照片（最好於最近三個月內拍攝）</p>
<p>Singapore 新加坡</p>	<p>Application form (Medical Certificate form) Passport (Original & Copy) Hong Kong ID card Address in Singapore</p>	<p>申請表（驗身表格） 護照（正本及副本） 香港身份證 在新加坡的地址</p>

Belgium 比利時	Passport (Original & Copy) Medical Certificate form	護照（正本及副本） 健康證明表格
Spain 西班牙	Passport (Original & Copy) Hong Kong ID card Birth Certificate (Original & Copy) (Applicable for Applicant aged below 18) Medical Certificate form	護照（正本及副本） 香港身份證 出世紙（正本及副本）（適用於 18 歲以下申請人） 驗身表格（健康證明表格）
Antigua and Barbuda 安提瓜和巴布達	Passport (Original & Copy) Medical Certificate form	護照（正本及副本） 驗身表格（健康證明表格）
Saudi Arabia 沙特阿拉伯	Passport (Original & Copy) Passport sized photograph – ideally taken within past three months Medical Certificate form	護照（正本及副本） 符合護照尺寸要求的照片（最好於最近三個月內拍攝） 驗身表格（健康證明表格）
Taiwan 台灣	Application form (Medical Certificate form) Passport (Original & Copy) Hong Kong ID card Vaccination records (Original & Copy) Passport sized photograph– ideally taken within past three months	申請表（驗身表格） 護照（正本及副本） 香港身份證 疫苗接種記錄（正本及副本） 符合護照尺寸要求的照片（最好於最近三個月內拍攝）
Malta 馬耳他	Passport (Original & Copy) Hong Kong ID card Medical Certificate form	護照（正本及副本） 香港身份證 驗身表格（健康證明表格）

Tonga 湯加	Passport (Original & Copy) Medical Certificate form	護照（正本及副本） 驗身表格（健康證明表格）
Brunei 文萊 (Medical Certificate for Foreign workers) (海外工人健康證明書)	Passport (Original & Copy) Name and address of employer Passport sized photograph – ideally taken within past three months	護照（正本及副本） 僱主名稱和地址 符合護照尺寸要求的照片（最好於最近三個月內拍攝）
Thailand 泰國	Passport (Original & Copy) Medical Certificate form	護照（正本及副本） 驗身表格（健康證明表格）
St Kitts and Nevis 聖基茨和尼維斯	Passport (Original & Copy) Hong Kong ID card Medical Certificate form	護照（正本及副本） 香港身份證 驗身表格（健康證明表格）
Greece 希臘	Passport (Original & Copy) Medical Certificate form	護照（正本及副本） 驗身表格（健康證明表格）
Papua New Guinea 巴布亞新幾內亞	Passport (Original & Copy) Medical Certificate form	護照（正本及副本） 驗身表格（健康證明表格）
Vanuatu 瓦努阿圖 (Development Support Program) (項目發展計劃)	Passport (Original & Copy) Medical Certificate form	護照（正本及副本） 驗身表格（健康證明表格）

<p>Bahrain 巴林 (Medical examination requirement for permission of work visa) (工作簽證許可的體檢要求)</p>	<p>Passport (Original & Copy) Passport sized photograph – ideally taken within past three months Medical Certificate form</p>	<p>護照（正本及副本） 符合護照尺寸要求的照片（最好於最近三個月內拍攝） 驗身表格（健康證明表格）</p>
<p>Philippines 菲律賓</p>	<p>Passport (Original & Copy) Passport sized photograph – ideally taken within past three months Medical Certificate form</p>	<p>護照（正本及副本） 符合護照尺寸要求的照片（最好於最近三個月內拍攝） 驗身表格（健康證明表格）</p>
<p>Malaysia 馬來西亞 (Education Malaysia – Health examination for international students) (馬來西亞教育部 – 國際學生健康檢查)</p>	<p>Passport (Original & Copy) Next of Kin’s address and contact number (Original & Copy) Vaccination records (Original & Copy) Medical Certificate form</p>	<p>護照（正本及副本） 家屬地址和聯絡電話（正本及副本） 疫苗接種記錄（正本及副本） 驗身表格（健康證明表格）</p>