

Other information Sheet:

MAMMOGRAPHY:

- Avoid any deodorant and powder prior to examination.

X - Ray / Contrast Studies / Computed Tomography / MRI:

- Please ensure that has not been Pregnancy during the examination, any query please consult our staff.

HYSTEROSALPINOGRAPHY:

- Hysterosalpinography should be carried out within 10 days from the first day of the last menstrual period but Must not be during pregnancy or menstruation.
- Please inform our staff if you have Asthma, Diabetes Mellitus or other Allergies.

ULTRASOUND OF PELVIS / PROSTATE:

- Drink a lot of water until you have full bladder thirty minutes prior to examination.

ULTRASOUND OF UPPER ABDOMEN:

- Fasting for six hours prior to examination.

ULTRASOUND OF WHOLE ABDOMEN:

- Fasting for four to six hours prior to examination.
- Drink a lot of water until you have full bladder thirty minutes prior to examination.

INTRAVENOUS UROGRAPHY:

- Fasting for four to six hours prior to examination.
- Must empty bladder before examination.
- Please inform our staff if you have Asthma, Diabetes Mellitus or other Allergies.
- For diabetes patient requiring medication, please consult the referral clinician and inform our staff for the adjustment of insulin dosage and Metformin if necessary.

TREADMILL EXERCISE ECG:

- Dress in casual clothing, preferably in sports wear and running shoes.
- Do not apply lotion, oil or powder to the chest area.
- Do not eat too much prior to the examination.
- Any regular medications please follow your doctor's dosage instruction before and after the examination.

COLLECTION OF SEMINAL FLUID:

- Patient should obtain a sterile urine container from clinic / laboratory.
- Do not use condom to collect the seminal fluid.
- In order to obtain accurate result, avoid seminal emission (discharge of semen) for at least 3 days.
- Write down the collection time on the container and send it to the laboratory within 2 hours.
- During transit to the laboratory, it is recommended to keep the specimen warm by keeping it close to the body in a coat pocket.

COLLECTION OF STOOL:

- Cover the toilet bowl with plastic wrap, several pieces toilet paper or a wide mouth container to collect the stool specimen.
- Transfer $\geq 5\text{g}$ (approximately 1 tablespoon) of stool, especially those containing mucus, pus or blood, into the universal bottle.
- The excess stool can be discarded.

COLLECTION OF 24 HOURS URINE:

- Please phone us for a 24 - hours urine collection container, and inform us what tests are needed. Some tests required preservatives, which are often concentrated acid, and these cause burns. Treat with caution. Please inform patients of diet and drug restrictions for some tests (see Note)
- When collecting a 24 - hours urine, it is often convenient to start first thing in the morning.
- The first morning specimen (e.g. 8:00am) should be discarded and all urine after that time should be collected in the container over a 24 hours period. At 8:00am the next morning, have the patient void again, and include this last sample in the collection container.
- The container may have corrosive strong acid inside. Recommend to use funnel to transfer urine sample to The collection container. DO NOT directly urinate into The container.
- As for all urine samples, the specimen should be refrigerated, (if possible) during collection, and until the time it is brought to the laboratory.
- Note: There are some alcohol, drug and diet restrictions for tests such as VMA, Catecholamine and Metanephrines. For queries please phone to us.