

## **CT Information Sheet**

### **Instructions for examination with IV Contrast Injection:**

Fasting for at least 4 hours before the appointed examination time  
(Water allowed)

- Bring along aerosol bronchodilator if it is on regular use.
- Bring along report & films of previous investigation if available.
- Notify Diabetes, Asthma, Allergy to contrast medium or any other medical problem, as you may need more advice.

\*\* For patient with history of asthma or allergy to seafood (high iodine content). Steroid cover before investigation is advised. (Suggested protocol: Prednisolone 40mg p.o. 12 and 2 hours before investigation.)

If patient is on aerosol bronchodilator, please remind patient to bring along to the investigation.

### **Instructions for CT Coronary Angiogram:**

- No exercise, alcohol, smoking, coffee, tea or coke 12 hours before examination
- If you are on METFORMIN (GLUCOPHAGE). please stop this drug on the day of examination and withhold it for 48 hours after the examination.
- Bring along report of previous investigation if available.
- Beta-Blocker may be given to slow your heart rate.
- During the examination, doctor will put a catheter into your vein for the intravenous contrast injection and you need to hold breath for up to 10 seconds.
- The whole procedure may last 3-4 hours.

### **Instructions for CT Virtual Colonoscopy**

1) Day before examination:

- Please take non-fat, non-residue meals (e.g. Do not eat vegetables, milk product, ...), liquid diets (e.g. Congee) and non-residue beverages (e.g. Water, tea, black coffee, light soup). Also, prescribed medication can be taken as usual.
- The examination does require bowel preparation beforehand.

2) Day of examination:

- No food or water on day of examination.
- The examination require intravenous administration of an Antispasmodic (Buscopan or Glucagen) prior to gas insufflations via an enema tube.

Note :

1. Pre-scan preparations are required for some diagnostic examination. (eg: fasting, medication, specimen containers etc). Please check with your primary doctor or our booking staff for more details.
2. We might contact your primary doctor to obtain further medical history and records. Patient information and medical records will be kept confidential and strictly for diagnostic purpose.
3. Payments made are non-refundable.
4. When typhoon no.8 or black rainstorm signal is announced, all appointments scheduled during the affected hours will be cancelled. Clinics will resume service 2 hours after the removal of signal is removed before 3:30pm of the day. For affected appointment, please call our clinics for re-schedule of appointment after service resumed.