

PET scan Information Sheet

Patient Preparation

1. Fasting at least 6 hours before PET scan except plain water intake.
2. No exercise on the day before and on the day of examination.
3. Diabetes patients should bring their medications and patients should have blood glucose control within normal range (Suggest lower than 7.5mmol/L)

PET/CT Scan Procedure

1. MUST arrive at our centre on time (For registration and preparation) – 30 minutes
2. Injection and uptake of FDG isotope in a secluded lead-lined injection room – 1 hour
3. To empty bladder before scan
4. To PET/CT scan room for scanning – 30 minutes. If IV contrasts CT scan required – 15 minutes
5. After scan, patient will need to wait 30 minutes in our centre for delay scan. If necessary Delay scan time – 15 minutes
6. If delay scan is not required, patient is necessary to stay at our centre in a dedicated lead-lined room until his/her radiation level is below a safe level – 30 minutes
7. Patient leaves our Centre

Total time required for PET/CT scanning is about 3 hours

Note:

1. Pre-scan preparations are required for some diagnostic examination. (eg: fasting, medication, specimen containers etc). Please check with your primary doctor or our booking staff for more details.
2. We might contact your primary doctor to obtain further medical history and records. Patient information and medical records will be kept confidential and strictly for diagnostic purpose.
3. Payments made are non-refundable.
4. When typhoon no.8 or black rainstorm signal is announced, all appointments scheduled during the affected hours will be cancelled. Clinics will resume service 2 hours after the removal of signal is removed before 3:30pm of the day. For affected appointment, please call our clinics for re-schedule of appointment after service resumed.