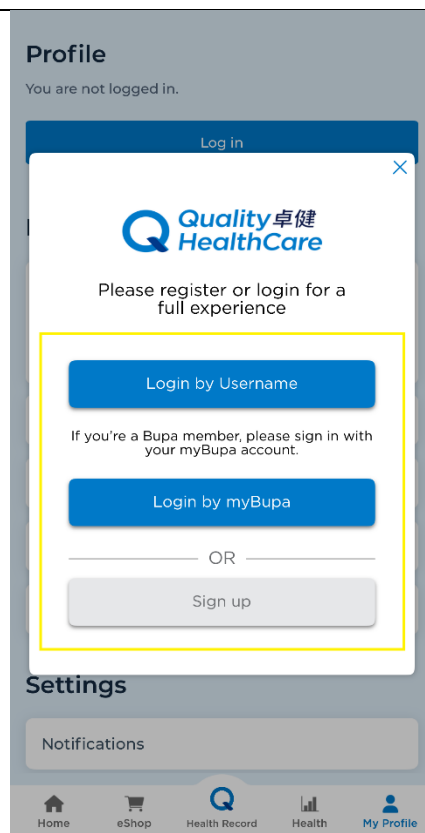


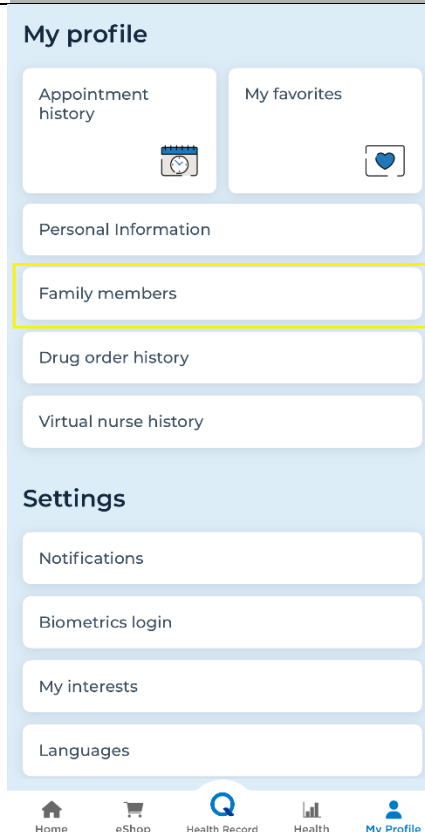
## Steps to get your QHMS One Family Health Pass

### 取得 QHMS 一家人健康通行證的步驟

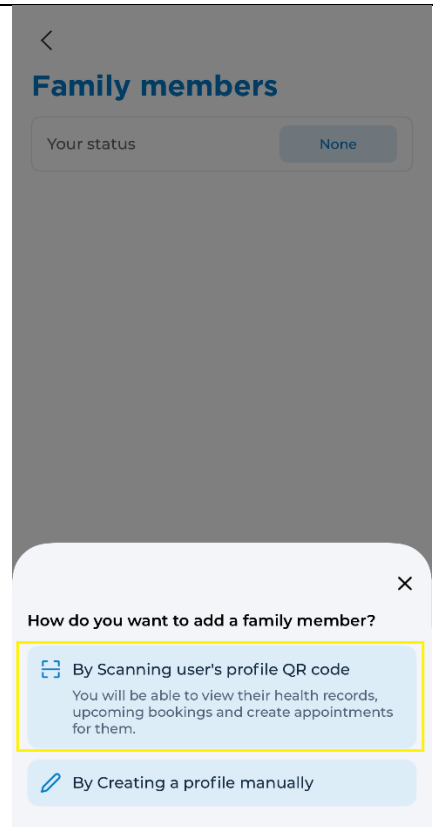
1. Download the QHMS app.  
下載 QHMS 應用程式。
2. Log in or sign up on the QHMS app.  
在 QHMS 應用程式中登入或註冊帳號。



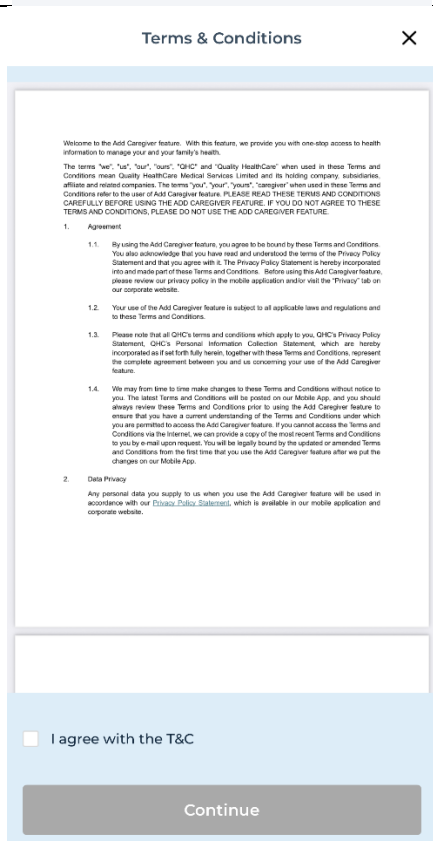
3. Go to the **Family members** section under **My Profile**.  
前往「我的資料」中的 家庭成員區域。



4. To qualify as a carer giver and care recipient, both must be a registered member.  
 要符合照顧者與被照顧者資格，雙方必須都是註冊會員。

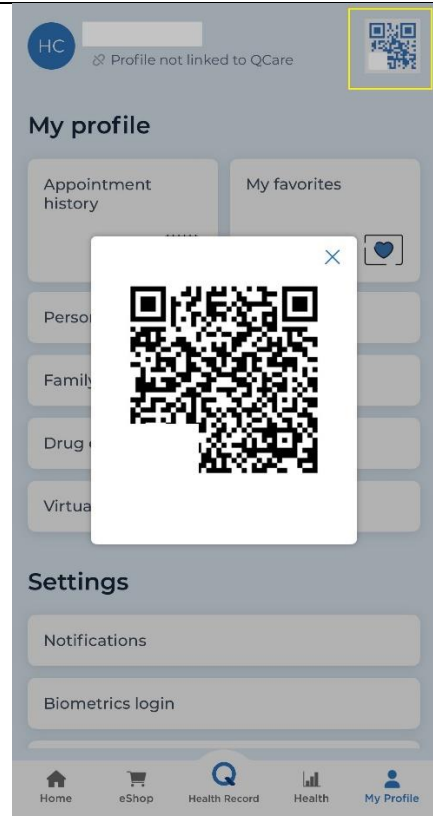


5. Agree to the Terms & Conditions.  
 同意相關條款及細則。



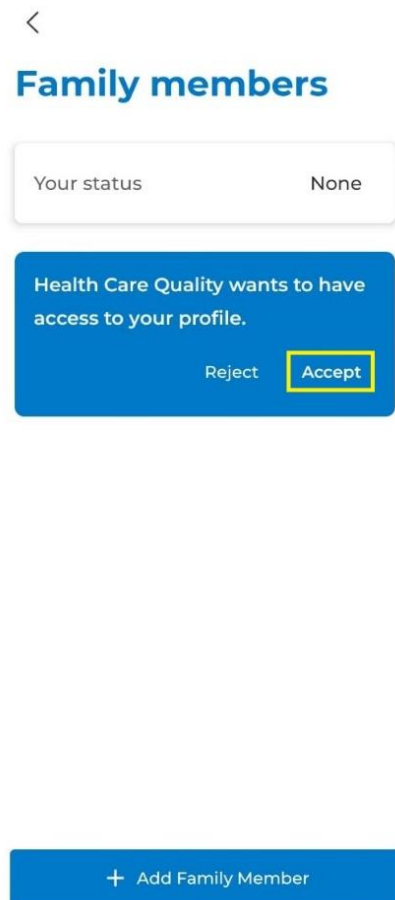
6. Scan the QR code located in the care recipient's profile.

掃描位於被照顧者個人資料中的 **QR Code**。

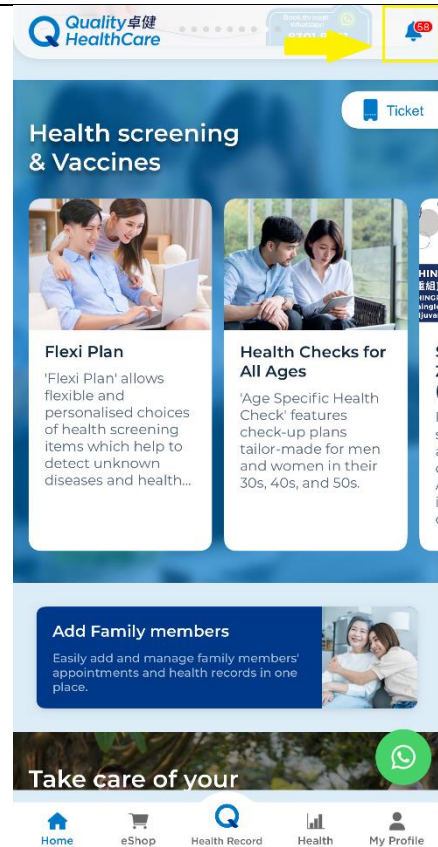


7. The care recipient will receive a notification for the request. They will need to accept your request.

被照顧者將收到請求通知，並需接受您的請求。



8. Return to the **Home** page — your One Family Health Pass will be automatically generated and can be found in the **notification box**.  
 返回首頁 — 您的一家人健康通行證將自動生成，並可在通知欄中找到。



9. Save and share your One Family Health Pass with your family.  
 儲存並與家人分享您的一家人健康通行證。

